



C&M Consulting Services  
5810 W. 38<sup>th</sup> Ave., Ste. 24  
Wheat Ridge, CO. 80212  
303-432-2392

## Personal Protection Training

With violence escalating in the bad economy, personal protection is no longer just a good idea, but a necessity for all. There is a way that requires no long term commitments, expensive classes or special equipment to learn how to stay safe.

This is needed by businesses and their employees to assist them in staying safe at work and outside of the work place. It helps businesses reduce the opportunity for workplace violence incidents to happen, keeping your employees safe any place they happen to be, perfect for everyone in your organization.

This training has been used by police officers, executive protection and security members across the country and around the world. It is a very effective non-deadly force class, is easy to learn and use. **It only takes 4 hours!**

This training course will teach you proven methods to be able to get away from an attacker safely and without harming them so you stay out of civil and criminal courts!

**The course is \$45.00 per person.** It is limited to six people per class for individual attention at our location. The course can also be provided at business locations. All you need is a carpeted room large enough to handle the number of people that will attend. Please call the number below for details.

Please wear comfortable clothing and shoes as this is a hands-on course. This is a good course for both men and women. A training registration form will need to be filled out for each individual attending the course. The registration forms can be provided via e-mail, fax or sent in the mail.

**Classes are held at the Wheat Ridge office, 5810 W. 38<sup>th</sup> Ave.:**  
**Fridays from 12:00noon – 4:00pm beginning January 16<sup>th</sup>, 2009**  
**Every other Saturday from 10am – 2:00pm beginning January 17<sup>th</sup>, 2009**  
**Please call to register at least three days prior to class date.**

Payment options: Cash, Check, Visa, Master Card.

Please call 303-432-2392 to register or for more information.

**For more information on C&M Consulting Services, please visit the web site at:**  
[www.cmbizinfo.com](http://www.cmbizinfo.com)